

Comfort Bath™ Cleansing System from Sage Products vs. the Basin Bath: Patient Preference

Ninety-six percent of patients strongly preferred or preferred the Comfort Bath™ Cleansing System from Sage Products over the basin bath.

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INTRODUCTION

The Comfort Bath™ Cleansing System, manufactured by Sage Products, Inc., is specifically marketed as a non-irritating, no-rinse, cleansing and moisturizing product, replacing the soap and water basin bath.

The basin bath—using a basin, soap, water, lotion, washcloths and towels—has long been administered in hospitals by nursing personnel. This method of bathing represents a ritual of nursing, rooted in the beliefs, art and science of the profession.

OBJECTIVE

The purpose of this study was to determine which bathing method, the Comfort Bath Cleansing System or the basin bath, is preferred by patients.

METHODS

A total of 30 subjects, 14 male and 16 female, ranging in age from 41 to 86 years old, were interviewed. All of the subjects were patients in either the Coronary Care Step Down Unit or the Telemetry Unit and all had been given basin baths. None of the subjects were candidates for tub or shower baths. Each subject provided consent.

The basin bath served as the control. Each subject was interviewed and asked to rate the basin bath for skin cleanliness, skin softness, warmth and comfort, and ease of use.

Next, subjects and participating nursing staff were in-serviced on the proper use of the Comfort Bath Cleansing System.

Each subject was given a Comfort Bath Cleansing System containing eight disposable washcloths, premoistened with rinse-free cleansing and moisturizing solution. Although no drying was necessary, one towel was provided to each subject for privacy. Prior to bathing, the Comfort Bath package was warmed in a microwave for one minute.

The subjects were then bathed with the Comfort Bath Cleansing System. When possible, subjects were encouraged to assist with their baths. After their baths, the subjects were asked to rate skin cleanliness, skin softness, warmth and comfort, and ease of use. Subjects were also asked if they preferred the Comfort Bath to a basin bath.



RESULTS

Basin Bath				
	Strongly Agree	Agree	Disagree	Strongly Disagree
I felt clean after the bath.		40%	60%	
My skin felt soft after the bath.		54%	30%	16%
The bath was warm and comfortable.		6%	68%	26%
The bath was easy to do.		42%	58%	

Comfort Bath™ Cleansing System				
	Strongly Agree	Agree	Disagree	Strongly Disagree
I felt clean after the bath.	83%	17%		
My skin felt soft after the bath.	83%	13%	4%	
The bath was warm and comfortable.	90%	7%	3%	
The bath was easy to do.	87%	10%	3%	

Patient Preference				
	Strongly Agree	Agree	Disagree	Strongly Disagree
I prefer the Comfort Bath Cleansing System over the basin bath.	83%	13%	4%	

CONCLUSION

Ninety-six percent of the patients strongly preferred (83%) or preferred (13%) the Comfort Bath Cleansing System from Sage Products over the basin bath.

This clinical comparison was sponsored by Sage Products, Inc. and conducted by a 200-bed acute care hospital in Suburban Chicago.